



## Substance Use Policy and Program Development Questionnaire

This questionnaire was created to guide in the development of substance use policies for supportive housing and other residential settings. The questionnaire is intended to help programs develop written policies that specify:

- What behaviors are allowed and not allowed
- The consequences of breaking these rules
- Who monitors and enforces the rules of behavior, and
- What services are provided to help people with substance use problems.

1. What are the goals of your housing program?
2. What are the goals for tenants who have chemical dependency issues? For example, total abstinence, harm reduction, housing stability, and so on.
3. What are the rules around substance use? How are they communicated to staff and tenants? For example, drug- and alcohol-free environment, no drinking in common areas, and so on.
4. What behaviors are unacceptable at the housing site? For example, violence, destroying property, knocking on doors to borrow money at night, and so on.
5. What are the consequences for violation of rules around substance use and unacceptable behaviors?
6. Who is responsible for enforcing the rules and the consequences?
7. What is the policy for addressing relapse at your program?
8. Are there consequences for relapse?
9. What are the criteria for eviction from the housing?

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Note: This document is included within the *Supportive Services* section of CSH's *Toolkit for Developing and Operating Supportive Housing*, which is available at [www.csh.org/toolkit2](http://www.csh.org/toolkit2). This document has been adapted from CSH's publication *Developing the "Support" in Supportive Housing*, which is available at [www.csh.org/publications](http://www.csh.org/publications).

10. In light of your project's goals and rules, what percentage of tenants do you expect to be in each of the following stages? What supportive services or interventions will be offered to people at specific stages?

- a. Active substance use/Denial of problem
- b. Active use/Some motivation to change behavior
- c. Active use/Preparing to make change
- d. Early recovery/First six months of sobriety
- e. Middle recovery/Six months to two years of sobriety
- f. Maintenance/Two years or more of sobriety

Note: CSH's *Toolkit for Developing and Operating Supportive Housing* includes additional information regarding housing people with substance use issues in both the *Housing Operations* section (available at [www.csh.org/toolkit2operations](http://www.csh.org/toolkit2operations)) and the *Supportive Services* section (available at [www.csh.org/toolkit2services](http://www.csh.org/toolkit2services).)